

# THE CHINOOK ADVANCE

Vol. 22

Chinook, Alberta. Thursday, February 24th 1944

PROVINCIAL  
MARCH 1944

## ANNUAL SCHOOL MEETING HELD

The Annual meeting of the Chinook Consolidated school district was held at the school, on Feb. 12th, with a good attendance of the ratepayers. The Financial report presented by the secretary, Lorne Proudfoot brought out an interesting discussion in regard to van driving and other items of interest in connection with the finances and operation of the school.

The question of the Larger Unit and the possibility of the school being included in the Acadia School Division, was also discussed and a motion was passed that speakers be asked to attend a meeting at Chinook School at 2 p.m. on Saturday, March 4th, to explain the advantages of the

enlarged units, this would be of vital importance to parents and others interested in obtaining the highest standard of education possible, especially in regard to the High School.

The retiring trustees were re-elected, Mr. Sam Macmillan being elected to fill the vacancy created by the death of Mr. Geo. McDonald.

The Inspector's report was then read

### Men, Women Over 40 Feel Weak, Worn, Old?

Want Normal Pep, Vim, Vitality?

This week, run-down, exhausted condition makes general tonic, stimulants, often needed after 30 or 40. Helps you get normal pep, vim, vitality. For sale at all good drug stores everywhere.

## RED CROSS MEETING AT HOTEL FEB. 26

The Annual meeting of the Chinook Branch of the Canadian Red Cross will be held at the Chinook Hotel on Saturday evening, Feb. 26th at 8:30 p.m. Main business is the reception of reports and election of officers. The work of the Red Cross is important. Please attend.

## THE LADIES CARD CLUB MET WED.

The Ladies' Card Club met Wednesday at the home of Mrs. E. H. Tarrant. Mrs. W. Hogg was the prize winner.

A very dainty lunch was served.

The Club will meet next week at the home of Mrs. J. Peyton.

## LOCAL NEWS

Mrs. Randle of Blackie, who has been visiting at the home of her sister, Mrs. Hille of Cereal, and also visiting with daughter, Miss Randle, Primary teacher, Chinook school, returned to her home Tuesday morning.

Sgt. Pilot C. M. Ford who spent a short leave at the home of his father, Mr. H. Ford, returned Wednesday.

Mrs. Jas. Aitken is a patient in the Esler Hospital.

Mr. R. Madsley and son, James are Saakatoon visitors this week.

Mrs. J. C. Bayley who spent two weeks visiting with friends in Calgary, returned Thursday morning.

Mr. Oden Blagen of Grand Prairie, is visiting with his brother, Ervie and other old friends of this district. He is purchasing second hand machinery to return with a truck load for the Pearce River country.

A Church of England Service will be held at the School at 3 p.m. next Sunday afternoon. Rev. E. H. Christy is officiating.

## Best Quality-Best Prices

## U. F. A. CO-OP

### AGENTS

Cockshutt Plow Co.

Bring us your Eggs

## Large New Stock of HARDWARE

### and

## GROCERIES

A complete line of Veterinary Supplies

### FLOUR & SHORTS

at discount for 500 lbs and up

## PLAN TO MAINTAIN HOG PRODUCTION During 1944 and 1945

Every good quality hog that can be produced during the next two years will be needed.

The current bacon contract is for two years. It guarantees bacon prices and the delivery of 900 million pounds of bacon over the contract period. To help Britain maintain her present weekly ration of 4 oz. for each person Canada will try to deliver 600 million pounds of bacon this year.

## IMPROVE QUALITY

Quality premiums of \$3.00 for each Grade A carcass and \$2.00 for each Grade B1 carcass have been authorized. They increase the net profit in hog production and emphasize the urgency of improving quality to protect the after-the-war position on the British market.

### Hog Production is Profitable

After allowing reasonable feed allowances and liberal overhead charges to cover all possible costs the following net returns can now be expected from feed grains fed to hogs:

Wt. of Hog	Selling Price per 100 lbs.	Value of Hog	Quality Bonus B1 Grade	Returns per Hog	Returns for grain	Value of grain per 100 lbs.
Live dressed						
200 lbs.	\$15.00	22.50	2.00	24.50	17.50	1.75
200	15.50	23.25	2.00	25.25	18.25	1.83
200	16.00	24.00	2.00	26.00	19.00	1.90
200	16.50	24.75	2.00	26.75	19.75	1.98
200	17.00	25.50	2.00	27.50	20.50	2.05

Grade A hogs on which \$3.00 Quality Bonus is paid will return an additional 10c. per hundred for the grain used.

For further information consult your Provincial Department of Agriculture, Agricultural College, nearest Dominion Experimental Farm or Live Stock Office of the Dominion Department of Agriculture.

AGRICULTURAL SUPPLIES BOARD  
Dominion Department of Agriculture, Ottawa  
Honorable Mr. G. G. Cardin, Minister



Dr. K. W. Neatby  
Director, Agricultural Department  
North-West Line Elevators Association

### A Permanent Calendar

If you are conservative, don't read this.

If you are interested in reform read this and ask the nearest Line Elevator agent for the printed circular dealing more fully with the same subject. He can give you a calendar which may, perhaps, be adopted for world-wide use, and which will serve year after year from 1944 to 1945.

This new calendar, the adoption of which is proposed by the World Calendar Association, is simplicity itself. It would divide the year into four equal quarters of 91 days each. The first month of each quarter would have 31 days and the other two 30 days each.

The observant reader immediately objects that this leaves one day extra and two extra in the last year. And that we must then in the next couple of centuries, winter would be coming in the summer and summer in the winter. This problem is overcome by having a Year-End Day (called Y) between the last day of the old year and the first day of the new. This would be a world holiday. Leap Year would be given due recognition by means of a day called L between June 30 and July 1, and it, also, would be a world holiday.

If this new calendar is adopted, Christmas Day will always fall on a Monday, and your own birthday will always be on the same day of the week. We quote from the American Scientist: "This revised world calendar is balanced in structure, perpetual in form, harmonious in arrangement."

Line Elevator agents will gladly order extra copies for use in country schools.

## IMPORTANT ORDER REPAIRS

Check All Your Farm Equipment Because Repair Parts are difficult to get and getting more difficult as time goes on. If you leave your ordering until spring, chances are you will be disappointed.

DON'T DELAY  
Ask Your Dealer For  
I. H. C. & John Deere

COOLEY BROS.

Chinook, Alta.

Phone 10



## GOVERNMENT NOTICE NATIONAL WAR LABOUR BOARD

### Incorporation of Cost of Living Bonus into Wage Rates

THE ATTENTION of all employers in Canada, subject to the Wartime Wages Control Order 1943 (P.C. 9384), is directed to the provisions of the Order requiring them to establish a cost of living bonus for all employees in Canada above the rank of foreman, a single wage rate or range of wage rates as prescribed by the rules set out in Schedule "A" of the Order by adding to the previous authorized single wage rate or previous authorized range of wage rates the amount of previous authorized cost of living bonus, and that such established single wage rate or range of wage rates shall be effective for the first payroll period beginning on or after February 15, 1944.

Employers who may be paying previous authorized cost of living bonus in accordance with the rules of the National War Labour Board, issued under dates of August 4, 1943, and November 3, 1943, pursuant to the provisions of the Wartime Wages Control Order, P.C. 3963, are required to include such amounts of cost of living bonus in the establishment of wage rates of their employees under P.C. 9384 effective for the first payroll period beginning on or after February 15, 1944, as stated.

C. P. McTAGUE,  
Chairman

NATIONAL WAR LABOUR BOARD

Ottawa, Canada

D-3-44-W

*It Does taste good in a pipe*

# Picobac

The Pick of Tobacco

## Medicine At War

CASUALTIES ARE INEVITABLE in time of war, but it is encouraging that because of the great advances made in medical science in recent years, the mortality rate among our wounded is very low. Statistics given out by the British Ministry of Information show that in this war there is much less loss of life as the result of wounds than there was in the First World War. At that time, the mortality rate in hospitals for the wounded in Egypt and Palestine was 7.44, while out of nearly 30,000 battle casualties admitted to hospitals in the Middle East during the year ending March 31, 1943, the death rate was only 2.1. Another comparison which has been given tells of a British hospital in France, where 1,300 severely wounded patients were treated towards the end of the last war. Of these, 113 died. During the recent campaign in Tunisia, there were only five deaths in a hospital which had 1,500 serious cases.

### Many Advances Have Been Made

The sulphonamide drugs and the drug penicillin, which have proved so effective in preventing infection and in healing wounds. The use of airplanes in dealing with casualties is also an important development. Facilities are provided not only for evacuating the wounded quickly by air, but also for conveying doctors and medical equipment to battle areas. Nearly 15,000 sick and wounded were taken to North Africa by the Royal Air Force and the United States Army Air Corps during the Sicilian campaign, and the same number of casualties were evacuated by air during the fighting in North Africa. It has also been related that on more than one occasion all the necessities for the establishment of a fully equipped hospital have been flown into battle areas.

**Blood Plasma Saves Lives** Another important development, and one to which many are able to contribute, is the use of blood plasma for the treatment of those suffering from wounds or shock. Transfusions are considered vital for such cases, and trained teams crawl forward in the battle areas, administering plasma to casualties before they are moved. Plasma is dried blood, and it can be kept for any length of time, without requiring refrigeration. This is a very recent discovery and one which has been instrumental in saving many lives. Great quantities of this plasma are needed, and many thousands of Canadians are regularly donating blood for this purpose. Mobile operating theatres, which may be moved very close to the front lines are another important factor in the prevention of a high death rate from wounds. In carrying on these valuable services, great skill and courage is constantly being shown by the doctors and other members of the Medical Corps and to them goes credit for the saving of many lives for the fighting forces.

## Sufferers of Painful SINUS—Get Quick Relief!

Just a Few Drops Relieve Stuffy... Make Breathing Easier... Give You Comfort



It's grand how Vicks Va-tro-nol clears congestion from nasal passages... gives sinus relief to drain. Rests and sooths sore sinuses. Vicks Va-tro-nol is specialized nostril drops that works right where trouble is—to relieve painful congestion and make breathing easier. Try it—put a few drops up each nostril—follow directions in folder.

**VICKS**  
**VA-TRO-NOL**

### Healthy Emotion

Air Commodore Says Fear Sharpens The Judgment

Contrary to the general belief that fear is something to be ashamed of and "nerves" an insurmountable handicap to anyone who wants to fly, an Air Commodore writing in the British Medical Journal points out:

"Fear within limits is not only a natural but a healthy emotion, stimulating attention, sharpening judgment and evoking maximum effort."

Night bomber crews, he reveals, are the greatest sufferers from "nerves", but as an experienced squadron leader told him: "The man like to have is one with enough imagination to fear the worst and hope for the best."

The real danger to an airman is lack of confidence. It is a major cause of flying accidents, operational failures and psychological breakdown in air crews, according to this Air Commodore.

### NORWAY PAYS HER WAY

Because of the earnings of her merchant marine, the fourth largest in the world, Norway has been able to pay her own way all through this war. This is not all. The Royal Norwegian Government in London has also managed to meet pre-war obligations, and has paid interest and amortization instalments on Norwegian foreign loans.

### THE BRITISH WAY

During the winter 1942-43 British domestic and industrial consumers of coal effected an economy of 11,000,000 tons in response to the government's request. This was 3,000,000 tons more than the advance estimate of saving.

Honey keeps better in a warm room rather than in a refrigerator.

Relieves distress from MONTHLY FEMALE WEAKNESS

Lyla E. Ferguson's Vegetable Honey—The only honey that relieves monthly pain but also weak, nervous, emotional disturbances. It helps build up resistance against distress of "dumb days." Made in Canada.

### Made A Difference

Germany Took Delight In Bombing Until They Were Attacked

A distinguished member of the British diplomatic service who served six years in Berlin said in the BBC's German program that it was no surprise to him to see from the German papers that the British raids on Berlin were described as "barbarous", "inspired by the Jews" and so on.

He said that before the war the idea of bombing cities was regarded as quite natural in German official circles. He remembered Goering saying to him that London was "a magnificent target—a large ripe plum" and he "made a noise with his lips like a small boy confronted by a large juicy plum." The broadcaster further remembered being told about the experience already gained in bombing Spanish civilians and he remembered Hitler in the crisis of 1938 threatening the use of the Luftwaffe. There was "no question of sparing civilians in Prague or London in those days."

Then came the war. Warsaw was bombed. Then Rotterdam, London, Coventry, Belgrade. Hitler never calculated, the speaker declared, that England would withstand the Luftwaffe in three short years. Reprisals may console, he said, but they will not save Germany from British air

### Kidneys Must Clean Out Acids

This decline in the death rate among the wounded is a tribute to the progress made in the field of medicine since the last war. Outstanding among the new discoveries are the sulphonamide drugs and the drug penicillin, which have proved so effective in preventing infection and in healing wounds. The use of airplanes in dealing with casualties is also an important development. Facilities are provided not only for evacuating the wounded quickly by air, but also for conveying doctors and medical equipment to battle areas. Nearly 15,000 sick and wounded were taken to North Africa by the Royal Air Force and the United States Army Air Corps during the Sicilian campaign, and the same number of casualties were evacuated by air during the fighting in North Africa. It has also been related that on more than one occasion all the necessities for the establishment of a fully equipped hospital have been flown into battle areas.

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### Where Prices Are High

Bread Is Six Dollars A Loaf In Croatian Capital

Zagreb, the capital of Croatia, is said to be the dearest city in Europe. Although a rationing system has been introduced for a number of the most important foodstuffs, the ration is quite inadequate and a black market flourishes. Fantastic prices are being paid, for example something like \$6 for a two-pound loaf of bread.

Foreign currency, any kind of gold coins, Turkish pounds and Swedish kroner are eagerly purchased at six to 10 times their official value. The local currency is practically worthless.

Even the government appears to recognize this for it is paying farmers 200 cigarettes and three boxes of matches—great rarities—for 10 pounds of butter or 20 pounds of flour.

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Husband: "The bank has turned that cheque."

Wife: "Isn't that splendid? What can we buy with it this time?"

"Women don't interest me. I prefer the company of my fellow men."

"I broke, too, brother!"

"I suppose you know why I've stopped you, Miss?" remarked the policeman, heavily.

"Yes," replied the lovely motorist, "you're lovely."

Auntie: "How did Jimmy get on in his history exam?"

Mother: "Not very well, but it wasn't his fault. They asked him things that happened before the poor boy was born."

\*\*\*\*

Hunter: (to old guide): "Have you ever been lost in the woods?"

Old Guide: "Nope—I never did get lost but I was bewildered once for four days."

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Woman: "How much will it cost to send this poem?"

Postal Clerk: "Four cents; it's first-class, you know."

Woman: "Oh, thank you so much!"

### SMILE AWHILE

"So you have married the queen of your heart?"

"Yes and today she made the first speech from the throne."

"I don't like the look of your husband," said the doctor.

"Neither do I," the wife replied, "but he's good to his children."

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"You look sweet enough to eat," the airmen whispered soft and low.

"I am," she said hungrily. "When do you want to go?"

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### Price Control And Rationing Information

Q.—On December 31st my landlord gave me three months' notice to vacate as he wants to live in the house himself. I am not a tenant but give me six months' notice. Which is correct?

A.—You are correct—if the landlord wishes to occupy this house himself, he must give you six months' notice to vacate. —O—

Q.—Will you please send me a ration book for my son. He is two months old now and we need rationed articles for him.

A.—To secure a ration book for your new baby have someone take the baby's birth certificate or baptismal certificate to the local ration board office. If neither certificate is available, you may take an affidavit on the form provided at the local board office.

Q.—Can my butcher refuse to give or sell a piece of meat with a lean roast of beef?

A.—Very often the butcher is able to sell off cuts or give his customers underweight meat. Under the 22nd section of the rationing act meat must be defatted at the butcher's before it is delivered to the customer. These fats are used in the manufacture of munitions.

Q.—Recently I purchased two children's suits. They did not fit and I returned them to the store. The store refuses to refund my money and that I must either exchange them in the particular shop which I want. What can I do to get my money refunded?

A.—Merchandise may be exchanged for something else in the same store if the store is willing to accept it. If he does not accept it, you may return the money.

A.—These cards can only be used after you have been issued with one. With one you are entitled to a coupon for 1/2 a pound of coffee, or coupons for whatever other rationed commodities you selected, a choice meat, etc. You may receive coupons for only one item. The coupons you mention may have been issued up to several cards and used them all at once.

Q.—Please send your questions or your request for the pamphlet, "Consumers' News" or the Blot Book (the book in which you keep track of your rationing) to the office of the Health League of Canada, 1000 Yonge Street, Toronto, Ontario.

Q.—I have a ration card for 12 business days but it has clamped on to the card.

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**THE FAMOUS OLD COUGH REMEDY FOR ALL AGES**

# VENO'S COUGH SYRUP

QUICK RELIEF FOR COUGHS, COLDS, BRONCHITIS, ASTHMA, WHOOPING COUGH, CATARRHAL ASTHMA, SIMPLE SORE THROAT

**DON'T DELAY—BUY A BOTTLE TODAY!**



A startling and challenging piece of information has been drawn to our attention by the Department of Nutrition Services at Ottawa. In surveying and computing nutrition values on the food available for civilian consumption in Canada last year it was found that potatoes are the source of 35% of the Vitamin C that is available. One medium-sized potato contains enough Vitamin C to supply 1/4 of our daily requirement. Do you see the tremendous significance of these statements? Vitamin C is essential to our health and it is particularly difficult to obtain the amounts that we need in winter time. Yet the humble potato is willing to come to our rescue, if we will only take the trouble necessary to cook it properly.

A mild deficiency of Vitamin C results in defective teeth and bone formation, tender joints, headaches, low resistance to infection, digestive disturbances and general weakness and restlessness. This same Vitamin C is destroyed by overcooking, especially in rapidly boiling water in an open kettle.

Potatoes contain enough Vitamin C to supply one-third to one-half of our daily requirement—we do not boil it away in preparing those potato for the table. Boiled pared potatoes have become a staple daily dish in vast numbers of Canadian homes; with the result that Canadians are deriving great benefit from the energizing value of the potato, but are losing the Vitamin C values which could so easily be included. The solution is simple enough:

1. Eat your potatoes, or
2. Steam them.
3. Or, if you prefer, eat them with their jackets with a cover on the pot.

Baked potatoes are the most nutritious form in which you can eat them. Very little of the value of the potato is lost if it is baked. Why not make use of your furnace and save heating the oven. Scrub the potatoes thoroughly, grease the skin with a bit of dripping so they will be tender enough to eat when they are done. Cover them with a foil and aluminum door, then they will bake in about one hour. Be sure your potatoe eats the skin so they get the benefit of all the minerals that lie close to it.

Steamed potatoes are preferable to boiled ones because this elusive Vitamin C, though easily destroyed by cooking in water, is not as quickly destroyed by steaming. If you prefer to boil your potatoes, however, never boil them in cold water, put the potatoes in it and add a cover on. Done in this way they will take about fifteen minutes longer to cook but will have a very fine flavor.

If you must boil your potatoes, do so with the skins on! Don't peel them first. Scrub them instead and boil them in a covered kettle. Their nutritive value will be much higher.

### Chinese Journalism

Will Publish Tabloid Newspaper Printed in English

Chinese journalism students will publish an eight-page tabloid newspaper in English in Chungking soon, with equipment installed in a bamboo and mud building.

Dr. Hollington K. Tong, director of the Chinese Post Graduate School of Journalism, said in a radio message from Chungking that Dean Harold L Cross and the staff of journalists sent to China by the Graduate School of Journalism of Columbia University will direct the staff of 34 students, including seven girls.

### GEMS OF THOUGHT

GENTLENESS

To judge human nature rightly, a man may sometimes have a very small experience, provided he has a very large heart—Butler-Lytton.

Speak the truth by all means; be bold and fearless in your rebuke of error, and in your zealous rebuke of wrong; but be human, and loving, and gentle, and brotherly the while—W. M. Punshon.

The gentlest thing in the world will override the strongest . . . To remain gentle is to be invincible—Lao Tze.

The gentle mind by gentle deeds is known—Spenner.

When angels visit us, we do not hear the rustle of wings, nor feel the featherly touch of the breast of a dove; but we know their presence by the love they create in our hearts—Mary Baker Eddy.

The secret of the Lord must not strive; but be gentle unto all men, apt to teach, patient—II Timothy 2:24.

Appleford PRESTO PACK WAXED PAPER PRODUCTS

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**ROYAL YEAST CAKES**  
MADE IN CANADA

ENSURES EASY BAKING—MAKES LUSCIOUS, SWEET-TASTING, EVEN-TEXTURED LOAVES

WRAPPED AIRTIGHT TO PROTECT POTENCY—ALWAYS DEPENDABLE!

## This Week's Pattern



By ANNE ADAMS

There are several cut-out variations to pattern 4629. Make it up right away as a suit dress to wear now, with bodice-top skirt, perhaps. Later make the jumper or sundress version with contrasting jacket. Adaptation to pattern 4629.

Pattern 4629 is available in children's sizes 2, 3, 4, 5, 6, 8 and 10. Size 6, jacket, takes  $\frac{1}{4}$  yard. 35-in.; jumper or sundress takes  $\frac{1}{2}$  yard. 35-in.; fabric,  $\frac{1}{2}$  yard.

Send twenty cents (20c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size Name, Address and Style Number and send to: Anne Adams, Attention Pattern Dept., Winnipeg Newspaper Union, 175 McDermot Ave. E., Winnipeg, Man. "Because of the slowness of the mail's delivery of our patterns may take a few days longer than usual."

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**OUR COMPLETE SHORT STORY—  
GOOD-BYE,  
MR. GABRIEL**

By WATKINS E. WRIGHT  
McClure Newspaper Syndicate

Anne Wallace stuck a finger in each ear to shut out the racket Mr. Gabriel was making, and looked appealingly across the breakfast table at her very new husband. He grinned at her and said, "Pretty awful, isn't it, honey?"

"It's terrible," she said. "I can't stand it any longer. I didn't sleep all night, and now he's begun all over again. Darling, we'll just have to get rid of him."

"Gosh! Anne, how can we do that?" Ben looked distressed.

"We could kill him—and—serve him at the church supper," Anne suggested somewhat timidly.

"Kill him!" Ben said. "No one would ever be able to eat him. He's probably tougher than shoe leather, he's such an old guy. Besides, Aunt Lucy gave him to us for a wedding present. She considers him the finest Plymouth Rock rooster ever hatched."

"Well, he's certainly the loudest," said Anne. "If he were blowing his namesake's trumpet, he couldn't make any more noise. Oh, darling, do we have to go on like this?"

Ben tried to do some constructive thinking while Mr. Gabriel went on, shattering the morning's stillness with one outburst after another. "No, we don't," he said with emphasis. "I'm driving over to Macon to see a man about renewing his insurance, and I'll take Mr. Gabriel with me. I've a young Mammy Dilley would like to have him."

"Oh, that's marvelous, darling!" Anne exclaimed. "Mammy Dilley will adore having him! We'll explain to Aunt Lucy somehow, if it's ever necessary."

"No sooner said than done!" And when Ben departed shortly thereafter in his rooster, Mr. Gabriel went with him. Safely nailed in a box, he preened himself, unconscious that his young owners were bidding him good-bye forever.

"Was Mammy Dilley glad to have him?" Anne asked when Ben returned that evening.

"Tickled pink," said Ben. "She turned Mr. Gabriel loose among her hens, and did the old boy do some strutting!"

"Thank goodness!" said Anne. "Now maybe we can get some sleep."

They did get some sleep—three nights of it. And then the telegram came. Aunt Lucy announced she was coming to spend the weekend. Ben looked at Anne. "Suppose she asks for Mr. Gabriel?" said Anne.

"That's something, all right," worried Ben.

Suddenly Anne beamed. "Oh, I've a splendid idea!" she said. "You right out to Mammy Dilley's, and tell her we want to borrow Mr. Gabriel for a few days. We can send him back to her after Aunt Lucy goes home."

"Gosh, honey, that is an idea! I don't have to work Saturdays, and I'll have old rooster back in his coop in three shakes of a sheep's tail."

"You're better," said Anne. "Aunt Lucy arrives at six this evening."

A few hours later Ben was back in a cloud of gloom. Mr. Gabriel wasn't with him. But he nearly drove her crazy with his crowing, so she gave him to a family two miles away.

"Oh, Ben, how terrible!" said Anne. "But the family she gave him to? Did you see them?"

"I did," said Ben. "But Mr. Gabriel had kept them awake all night. So they gave him to a family called Porter." He waved his hand to silence as she started to speak. "Yes, darling, I went there too."

"And no Mr. Gabriel?"

"And no Mr. Gabriel," said Ben. "He kept the Porters awake, also. Porter's small son said his 'paw' was going to sell the rooster to the town butcher."

"Oh, dear," wailed Anne. "What ever shall we do?"

A taxi came to a standstill at the front gate, and out of it climbed Aunt Lucy.

"I have a favor to ask of you, my dears," Aunt Lucy said at dinner, "I want to take Mr. Gabriel home with me."

"But, Aunt Lucy," Ben began. "We that is—Anne and I—"

"I understand, my boy," said Aunt Lucy gently. "You've become attached to him. I can appreciate that."

**MUFFINS CAN HELP  
KEEP YOU REGULAR**

Yes—by eating several delicious KELLOGG'S ALL-BRAN muffins every day, and drinking a glass of water, you can help prevent constipation due to lack of "bulk" in your diet!

**KELLOGG'S ALL-BRAN MUFFINS**

2 tablespoons KELLOGG'S ALL-BRAN cereal 1/2 cup milk  
1/2 cup sugar 1/2 teaspoon baking powder  
1 egg 2 1/2 teaspoons  
All-Bran

Blend shredded cereal, sugar, flour, egg and milk; let soak until most of moisture is taken up. Sift flour with salt and baking powder; add to mixture. Add water and muffin pan  $\frac{1}{2}$  full and bake in moderate oven for about 30 minutes. Yield: 8 large muffins.

ALL-BRAN is made by Kellogg's in London, Canada. Your grocer has it in 2 convenient sizes.

She smiled sweetly. "But I'll make it up to you. I've brought along a crisp new twenty-dollar bill for you to purchase something else."

"Oh, Aunt Lucy!" said Anne, thinking of a number of things she wanted. "We can't let you do that. You see, we—" she got no farther. A sound from the rear of the house shattered the suburban silence.

"There he is now!" That's Mr. Gabriel!" said Aunt Lucy impatiently. "Come along, children, I must see him this minute."

In a remarkably short time the trio were standing beside the coop. Aunt Lucy stopped and began carrying on with somewhat incoherent conversation with Mr. Gabriel. The she straightened, smiled and faced her nephew and his wife. "I know how attached you are to him," she said, "but I just must have him back. You'll never know how awful it is to wake up in the morning and not hear Mr. Gabriel crowing."

"Come on inside now," she went on, "and I'll get you that twenty-dollar bill. I sewed it in my petticoat. You never know what may happen in a big crowd."

**WAR SAVINGS STAMP RECIPE**

All across Canada this month, the Food Industry has undertaken the ambitious task of selling two million dollars worth of War Savings Stamps. When you patronize your local merchant, you will have the opportunity of helping along the war effort by purchasing from him as many war stamps as you possibly can. Here is a recipe which will effect a saving and will help you to buy stamps.

**SPICED POT ROAST**

4 lbs. chuck roast  
2 tablespoons fat  
2 tablespoons flour  
2 teaspoons cinnamon  
2 teaspoons ginger  
1/2 teaspoon brown sugar  
1/2 teaspoon vinegar  
2 cups tomato juice  
1 large onion, chopped  
1 bay leaf  
1/2 cup water  
Dash of pepper and cayenne.

Heat the fat in a heavy, deep saucepan or Dutch oven; mix together the flour, cinnamon, ginger and brown sugar; rub it on the meat and sear on all sides. Add water, onion, bay leaf, a dash of vinegar, and a dash of pepper and cayenne.

Cover and simmer gently for three hours or until tender. In the meantime, remove the fat from the pot, there is no danger of burning and the meat is more tender. Two or three old zinc jar rings tied together make a good rack.

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"I understand, my boy," said Aunt Lucy gently. "You've become attached to him. I can appreciate that."

**WHY HAVE SORE FEET?**  
JUST RUB IN  
MINARD'S LINIMENT  
"KING OF PAIN"

**"Aircraftman Radar"**

MAKE YOUR OWN CIGARETTES WITH

**MACDONALD'S  
Fine Cut**

A MILD TASTIER TOBACCO

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**Defense Of Youth****Home, School And Church Is The  
Safeguard Of The Young**

Home, school and the church are the great triple alliance for the defense of youth, declares The Chat-ham Daily News. This is no artificial alliance, but a natural one; so natural one; so natural that society would not be normal without it. Given the family as a basis of society, the school and the church come in providentially to supplement its works, to strengthen its great purposes. All three work together with a common aim, the preparation of youth for manhood and womanhood.

It must be obvious that there should be the utmost harmony between the three members of this triple alliance, and they should always work together. It would never do for the school or church to put in the position of having to rebuke the family, or the parents, because of their failure to instill into the minds and manners of their children a proper idea of what is right and what is wrong. On the other hand, normal parents who surround their children with reasonable spiritual and social safeguards at home should expect to have them seconded and approved at school and at church.

Atmosphere is an intangible thing, but it is a great influence on life. More depends on it, in the shaping of human life and conduct, than is generally admitted. Long before children are conscious of laws, rules or conventions, they are reflecting in their lives the atmosphere, religious, moral and social, in which they are.

How often it is said, in explanation of the good or badness of a child, that he could hardly have escaped being what he was because of the atmosphere in which he was brought up.

To the above triple alliance there is assigned the task of creating the proper atmosphere for youth in this world of today. It is the atmosphere in which the church and school, in union with the family, must find a way of developing to the highest degree and power. It is poor "atmosphere" that led to the paganistic follies in Germany that followed the rejection of the Christian Church by Nazi authorities.

This triple alliance must flourish in the hearts of all men and must perpetuate peace discussions if war is ever to be banished from the earth.—St. Catharines Standard.

**The Mailomat**

St. Machine Given A Trial At Ottawa Post Office

The "Mailomat", coin-operated, slot-mailing Post Office, which might well be called the Robot Postmaster, went on trial for an extended experimental test for the first time in Canada in the lobby of the Ottawa General Post Office recently.

Postmaster General William P. Mulock in person inducted this new machine of the public into its duties, in the presence of high executives of the Canadian Post Office Department.

Accompanying the Postmaster General, who performed the unveiling ceremony of this machine which may revolutionize century-old methods of preparing, stamping and mailing letters by the general public, were Assistant Deputy Postmaster General P. T. Cooncan, E. Dugay, District Director of Postal Service, Ottawa; H. E. Atwater, Superintendent, Financial Branch; H. Beaule, Director, Administrative Services; T. P. Murphy, Superintendent Equipment and Supply Branch; G. Herring, Chief Superintendent Air and Land; H. Forger, Chief Inspector; V. G. Farrel, Acting Director of Public Relations; W. D. Adamson; and other prominent officials.

**British Scientists**

Discover Method To Double The Size Of Fruit And Vegetables

In a laboratory outside London, British scientists have discovered a way to double the size of fruit and vegetables, and of flowers, and to increase their quality and their ability to resist disease. The means they have used is the colchicine drug, and the method is described as giving an "anaesthetic shock" to the seed. This doubles the number of life germs (or chromosomes) in each seed, which has the effect of making a bigger plant of finer quality.

**MAY CHANGE LAW**

Britain's traditional left-hand-side of the road driving may be on the way out. Spencer Miller, New Jersey highway commissioner just returned from Britain, said the British Ministry of Transport will recommend right-hand-side driving as a post-war project.

**WARTIME SALESMANSHIP**  
"I had a marvelous day," said the first salesman. "Made lots of friends for the company."

"Me, too, Bill," said the second salesman understandingly. "I didn't sell anything either." — Advertiser Digest.

Vines for producing wine were first planted in South Africa in 1655.

**Map Making****Britain Supplies Expert Experience In Keeping Army Supplied**

England has, for years, been a provider of first-class maps, and has been able to apply a great amount of expert experience to keeping the British Army supplied—and not only the British Army, but the American Forces. Under Mutual Aid Lease, Britain supplies all of the maps used by the U.S. Army and the U.S.A.A.F. in Britain, and most of the maps used by the U.S. forces in the Mediterranean theatre. The responsibility for map production and supply rests with the Royal Engineers, which has developed a widespread organization of highly-trained experts to do the job. One of the main jobs of R. E. Survey in the field is to supply, at short notice, accurate maps of any locality, and to provide them where, when and in the quantity needed. Every unit is equipped with a truck in which a complete photolitho and rotary printing outfit is contained. The press prints in color at the rate of 4,500 copies per hour. At one point during the North African campaign, the Royal Engineers' mobile presses worked 22 hours a day, every day for six weeks without a breakdown.

**Skin Eruptions**

Here is a clean, stainless, penetrating antiseptic oil that brings speed relief to skin eruptions.

Not only does rapid healing antiseptic oil stop skin eruptions but bolts and simple ulcers are also relieved.

It quickly stopped Pimples—skin eruptions.

The same is true of Barber's Itch, Salt Rheum, Itching Toes and Feet and other skin eruptions.

You can obtain Moon's Emanoil Oil in original bottle at any good druggist.

Satisfaction guaranteed or money back.

**Crew Stuck Together**  
From Captain To Mess Boy Towed Norwegian Sail Again

When the crew of a lost merchant ship is rescued, its members generally scatter and continue their sea careers aboard other vessels. But the crew of the one Norwegian ship recently sunk in the North Atlantic managed things differently. From captain to mess boy, they wanted to go on sailing together. They asked President Roosevelt for help, won his sympathy and now are back at sea in an American-built ship, sailing under their own flag.

**CABLE CUTTING DEVICE**

Every British bomber is now fitted with 16 cable-cutting devices, which are so powerful that they can cut through the heaviest cable in one-thousandth of a second. They weight only a few pounds and are about the size of a brick. They enable bombers to sweep a field of operations clear of enemy barrage balloons before starting low-level attacks.

Water is the world's most precious liquid, since every form of life is dependent upon it.

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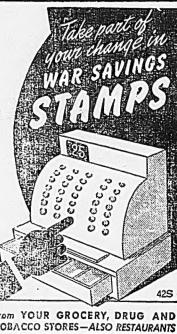
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THE NEED GROWS  
AS VICTORY NEARS  
\$10,000,000 needed NOW!

This is the year of supreme effort, the year Red Cross will be needed as never before. And as our all-out victory effort moves on, as casualty list mounts, as the frontiers of war spread wider and sink deeper, this need will grow.

We must see them through: the fighting men on every front, the gallant Merchant Navy, the wounded and maimed in British and Canadian hospitals, Prisoners of War, the homeless war orphans of Europe, the refugees, the concentration camps.

Only the Red Cross meets this call for vital life saving food for Prisoners of War, medical supplies, comforts, blood serum and nursing that spell survival for so many. There is no one else to do the job.

That is why we cannot fail: why we ask you to open your hearts and purses, giving to the limit of your ability.

Remember, Victory will not be cheap. The real need lies ahead.

S. W. Warren, Chinook, Post Office



## An editorial

The Power of Your  
Home Paper

The power of the weekly newspaper was amply demonstrated a few days ago when the Minister of Finance presented his budget to Parliament. Included in this budget was an appropriation of \$325,000 for expanded study by the National Research Council into industrial utilization of farm crops.

Chemurgy—the research into conversion of surplus farm crops to industrial uses—was practically unknown in Canada prior to 1938. In that year Cecil Lamont, representing the Line Elevator Companies, visited the principal research centres of the United States. His report convinced the Line Elevator Companies that a great field for expanded industrial uses for surplus farm products was possible through scientific research.

The Line Elevators then pioneered a campaign for establishment of a Western division of the National Research Council dedicated to finding new industrial and edible uses for farm products. The weekly newspapers were solidly behind the advocacy of this plan designed to bring greater prosperity to agriculture. Their judgment has been vindicated. Today we find millions of bushels of wheat and other grains being used for industrial purposes. The reduction in the burdensome wheat surplus has strengthened the Canadian wheat price from 70 cents per bushel to \$1.25, plus what the participation certificates will finally bring the farmer. The manner in which the weekly press has advocated what was merely an idea in 1938 has resulted in all political parties and farmers' organizations solidly supporting chemurgy. The Government is now making a substantial amount available to expand research into industrial uses for farm crops and has plans for the creation of Western laboratories of the National Research Council after the war. The power and influence of the weekly newspaper for good works is indeed great.

## Chinook Meat Market

Fresh and Cured Meats  
Fresh Herrings & White Fish  
Ship Poultry now while prices  
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